

School/Grade/CT(s): Teaching Artists: Natalia Durango/Robert Velasquez **Date:** 6th grade

Lesson #:Theme of Lesson: Building safe space and community through DanceEducation.

Inquiry Question: What is the importance of making Dance Education accessible in our schools and communities?

Opening Ritual

Objective: To get grounded and open space.

Activity Name and Brief Description: Name and Movement call and response. We will stand in a circle where each student will say their name and add a movement to it. The other students will repeat and replicate movement

Intro Activity

Objective: To build confidence and body awareness through Movement

Activity Name and Brief Description: Video Pop Up. We will watch 20 seconds of a video about the importance of Dance education. Then students will pop up a movement/expression and sound of how dance makes them feel and how the video makes them feel about Dance Education.

Main Exercise

Objective: To foster self- expression, participation and team work efforts.

Activity Name and Brief Description: What do you see? In these activity students will be presented with 3 different pictures and they will write a word about each picture on a blank card. Then students will create a sentence and a movement for their sentence. Students will then turn to a partner and exchange sentence and movement and create a choreographic work of their movements. Then students will share with the group the piece they came out with and then everybody will do their own movement at the same time. Then we will reflect on one of the pictures and go over the artist bio (and his relevant work and views on the importance of Dance education for everybody.)

Reflection (woven throughout but important to share and notice creative choices) Objective: To discuss the importance of Dance and movement as a great tool for selfexpression and healing. Also to reflect on it as a medium to express what we cannot be express with words sometimes.

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Brief Description: We will reflect on the importance to have a positive outlet for expression our emotions and why it is important to have access to Dance education within the school system. It is an opportunity to address along with students how through movement we can build trust and develop better and healthier relationships with ourselves and others.

Closing Ritual

Objective: To honor the space we have shared and highlight the importance of Dance education.

Activity Name and Brief Description: Call and response inspirational quote. We will come on a circle where we will repeat out loud a quote accompanied by a movement.

Multiple Intelligences Addressed:

Multiple Intelligences

Highlight the intelligences used throughout this lesson plan.

Logical-Mathematical; <mark>Visual/Spatial</mark>; Linguistic; <mark>Bodily-Kinesthetic</mark>; <mark>Musica</mark>l, Interpersonal; Intrapersonal; Naturalistic; Existential

Classroom Teacher Role: Full engagement and participation is encouraged. It helps students develop positive student/teachers relationship.

<u>Creative Elements</u> (skill and theme; i.e. ensemble and love) Skill(s):choreography, rhythm, coordination.

Theme(s): Self-expression, collaboration, community.

<u>Artists/ Authors/ Works of Art</u> (to be presented as models for skills/themes identified above): Alvin Ailey.

Reflective Anecdotes/Student Development: (optional)

Please be mindful of allowing time before class begins to setup the classroom.

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