



Cornell "Lord Judah" Carelock



Cornell "Lord Judah" Carelock, the one-and-only professional Hiphop teaching artist in Westchester, has many years of experience as an Artist and social justice leader. As an artist and music producer, he has specialized in many evolving forms of creative expression through his company, Judah Bless Entertainment, founded in 2004.

For the past 10 years he has focused on collaboration and group learning through active, participatory experiences utilizing music and visual art.

Mr.Carelock has been working with the Westchester Martin Luther King Jr. Institute for Non Violence since 2006 building bridges between youth, adults, and law enforcement.

Since joining the T.A.T.I.P Training series in the Summer of 2016 Lord Judah or as the youth call him " Mr. Judah " has received a Great boost in his creative approach to his lessons and classroom structure. "I Can Remember a workshop at the Fredrick Douglas Museum in the Summer. We were embodying feelings, transforming them into movements, then transforming that into my expression through words, and then sharing with others and exploring how we can create an an expression that is inclusive of all of our feelings and ideas".

"Mr. Judah" as he is known has been a Professional Teaching Artist for over ten years and he is currently working with Arts Westchester, Dream Yard Project, Wingspan Arts ,and the Mt. Vernon Youth Bureau to name a few. He has also presented workshops for organizations such as the Scarsdale Middle School's Young Writers Workshop ,The Westchester Music Conservatory, Club Excel of the White Plains Youth Bureau, The African American Men of Westchester, Mount Vernon School District, Mt. Vernon Youth Shelter, Westchester Department of Corrections , and Westchester Youth Council .

In 2017, he was certified as a "HeartMath" Trainer, proficient in the program's scientifically based tools to bridge the connection between hearts and minds, and he has become a member of the "HeartMath Ambassadors". Taking his empowered heart based living, through the immersion in and application of HeartMath and other skills, Lord Judah has a mission to engage in creative humanitarian projects and collaborations to share heart with the world. Receiving 64 hours of Curriculum and personal practice based instruction with Mindful Schools, has also enabled him to present with a more Coherent Teaching style applying portions of Mindful Curriculum to ages K-Adult. Judah also directs a social justice group called "Highly Intelligent People Healing Our Planet" through which he makes social justice presentations to youth and undeserved communities. 2017 Marks the Founding of His "True He(ART) Academy " for Artist, Teachers , and Community Members. True He(ART) Academy " for Artist, Teachers , and Community Members. True He(ART) Academy and Resilience Strategies for Individuals using the Arts as The Catalyst.





School/Grade/CT(s): Teaching Artists: Tishawn/Cornell

Date:4/27/17

Lesson #: 1 Inquiry Theme of Lesson: **Creating Communities**

Question:

What are things we see in our surrounding our school community? What make a community?

Opening Ritual

Objective: Reflection on how students define community.

Activity Name and Brief Description:

Community Collage

Intro Activity

Objective: Introduce students to diverse representations of community.

Activity Name and Brief Description:

"Read and Reflect" Cornell will read the book Keat's Neighborhood by Ezra Jack Keats, Tishawn will emphasize the use of imagery and collageto represents a diverse community and identifying common structures in communities such as buildings, schools, churches, parks, trees, streets, hospitals, etc.

Main Exercise

Objective: Students identify the things in their community and illustrate what they see around the neighbor surrounding their school.

Activity Name and Brief Description:

Community Collage: Using cut-out, paper, and drawing materials students will create a picture representing the things they observe on their way to school from their home. Once complete student will arrange their pictures together creating a mural of their neighborhood/ community. Students will then write one sentence about their artwork.

Reflection (woven throughout but important to share and notice creative choices)

Objective: To help students be able to identify and share the things in their community, to investigate what community means to them and how to express their understanding of community through literacy and visual arts. Through reflection we will introduced the main project creating a "Community Art Book".

Brief Description: Students will group share their collages and talk about the significance of the images represented in their artwork. Students will reflect on the connections that weave together their collective definition of community by reflecting on the artwork as a whole piece.

Community-Word Project – TATIP Lesson Plan Template 2016-17

<u>Closing Ritual</u> **Objective:** " I Have a Voice , My Voice is Powerful , My Voice can Change The World "

Activity Name and Brief Description: "The Community Word "Community Words Social Justice Empowerment Phrase

Multiple Intelligences Addressed:

Multiple Intelligences

Highlight the intelligences used throughout this lesson plan.

Logical-Mathematical; Visual/Spatial; Linguistic; Bodily-Kinesthetic; Musical, Interpersonal; Intrapersonal; Naturalistic; Existential

Classroom Teacher Role: Assist with Discipline and Classroom Support of Materials (Storage)

<u>Creative Elements</u> (skill and theme; i.e. ensemble and love)

Skill(s): Collage Creation, Blending Ideas and Materials to describe what is seen.

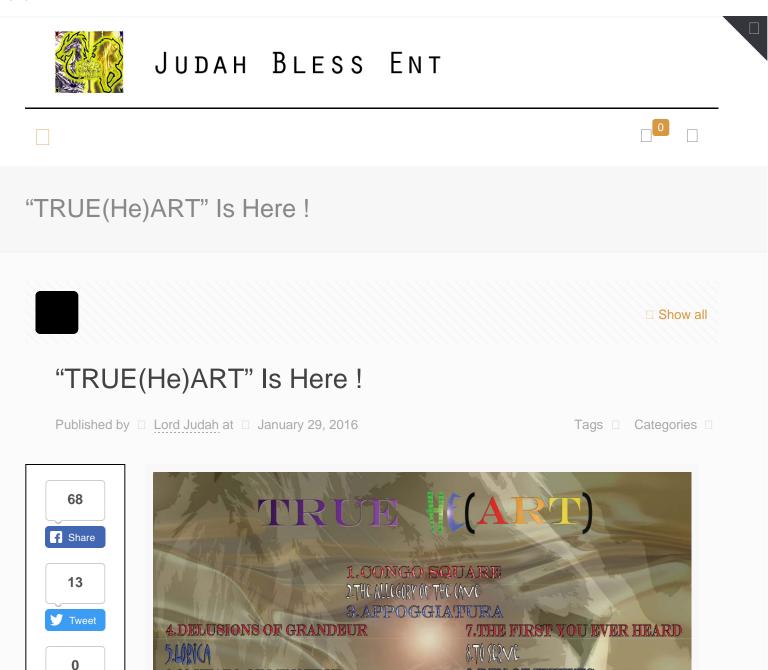
Theme(s): Observing and Working together, Defining Community

<u>Artists/ Authors/ Works of Art</u> (to be presented as models for skills/themes identified above): Ezra Jack Keats " Neighborhood "

Reflective Anecdotes/Student Development: (optional)

Please be mindful of allowing time before class begins to setup the classroom.

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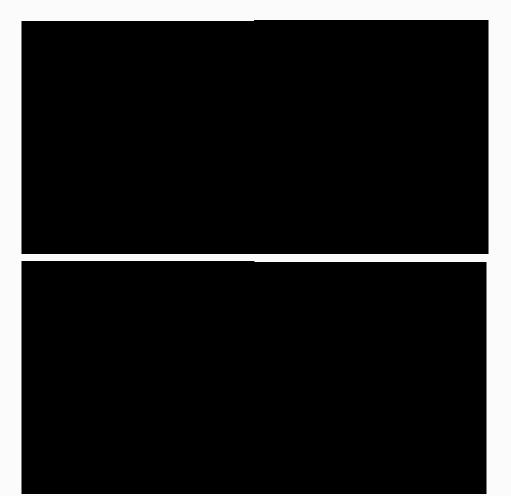
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"TRUE(He)ART" Is Here ! - Judah Bless EntJudah Bless Ent

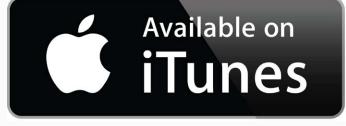
Yes Lord Judah is a Rapper, Yes Lord Judah is a Producer , Yes Lord Judah is Amongst "A Sea of Hip Hop Artist" , However there is a Higher Grade Of Intelligence Infused Into his Music. Many Creatives of This Day and Age are faced with The Challenge to Open the Eyes and Ears Again to A World of Meaningful Sound made by Nature and Human Beings, but to accomplish this through Hip Hop ?. "This is the Purpose of this Album True He(ART)". This is a Formidable Task in a Social Network Frenzied MindScape and Educational Environment that Disparages Art Education in General and Music in particular, But what better a Mission for Teaching Artist Lord Judah .True He(ART) Will Demonstrate that Expressing one's Life Experience and Communicating Directly Through Music Frees the Mind to Become a Part of a World with No Visible Barriers and a Connectivity with the Harmonies that can Resound Peace, Sharing, Respect and Love throughout One's Life Experience. So How Does One Describe A Hip Hop Student, Teaching Artist , Community Organizer, Producer and Song Writer Talent , Spiritual Man and Healing Tones Innovator ? . How About we Listen first and then we will know who and what is "LORD JUDAH'.





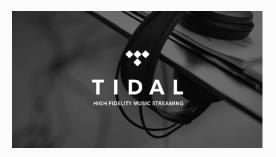
This Project was Made Possible by an Arts Westchester 2015 Arts Alive Artistic Merit Award Grant .Arts Alive Project Grants are made possible with funds from the Decentralization Program (DEC), a regrant program of the New York State Council on the Arts with the support of Governor Andrew Cuomo and the NYS Legislature, and administered by ArtsWestchester.









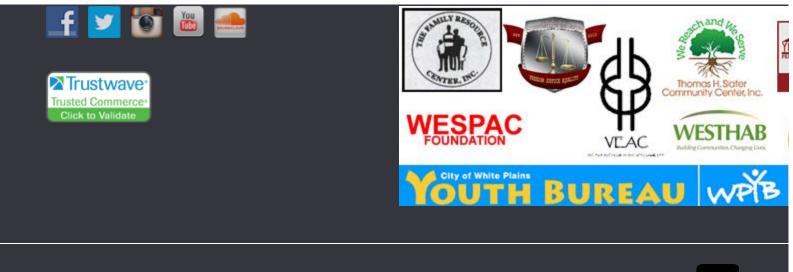


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Lord Judah Has Partnered With

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"Congo Square"

I Move it , Im Movin , You Move it Your Movin, We Move it, We Movin Lets Move it . Its Movin, Its Movin It's Movin (× - Repeat) 1.Move 2.Dance 3.Live 4.Love, In A Trance Ancestors Awoke Nothing Stoppin Justice In a system thats Broke You can never Hush this Tradition of the mission You could trust this And its gonna change the world so you could bust this Its going down Just look around If you need hope just listen to the sound The winds of change Times are changing The time is now Take the Crown Revolution awake time to conquer the hate Time to take it to the state We dont want a debate You don't want to be late when they open up the gate And they let the children in to rule the Great This is our blessing This is Our Fate For the many years of suffering at an alarming rate So no need to be calm and wait We've been dreaming and scheming by any means and Playing every schene and every theme and But it's seeming like we're missing the meaning Cut turn the track off time to tell the enemy he better back off get your weight up never slack off put your prayers up dry your tears up The Spirits Awake Everybody every state Everybody Get a plate time to heal the body tap into the frequency heal up play True Heart frequently wheel up like a DJ put the Lord on repeat on the replay when you take a little bit of what he say and apply it to your life put some quiet to your life ave From the East Coast to the Bay To the A To the 6 To the H town to the Mississipp's To the little wayne and the little Flips

Take a little trip

Cause we about to blast off

Got the starline packed about to cast off And youll never see us again Allegory of The Cave "
(Chorus)
I, I, I, I heard about the Cave
I, I, I, I dont wanna be Slave
Y,Y,Y,You wanna get away
I, I, I, I Wanna Feel the Sun Ray
1.-(Do it
2.-Can You do it
3.-Can We do it
4.-Do it, Lets Do it)

Never gave A people reperations Why do they have so much patience Outta All of the Nations They Always Feel the Frustration

Well the Maps out and we leavin Castin off in the breeze and You watchin or you workin Found out Or you searchin

Its Levels when you playin Ballin or you prayin Stylin or you Slayin Slackin Stackin Riddle me this while Im Rappin Did you ever think that it would ever happen? (What) The prosecution of the Captain The Good Ship Called Jesus Sir Hawkins would lead us Defeat us then beat us But they cant distract from the Soul the force cannot be controlled We on a roll on deck and never will fold You better hold some respect and do what your told $(3\tilde{A}-)$ Get on line on time with the rhyme and Do it

Guess we better get rollin then Dont wanna get caught in a trap that gets you sold with men Dont wanna get caught in an Act and pay the toll of sin Dont wanna get left up and cant get right with backup No Allies when the opposition forces stack up You realize that you probably should never act up Now your stuck in the game stuck in the chains of the same thing driving you insane till you rearrange and Do it

Ayo

Bavk to back with the mission 2,303 vision Watch the man when he dishin Better make sure you better listen Better make sure you keep a distance Better take notes when your listening Better get quotes and you better stay woke cause a leader will choke when the man pulls the rope Better put holes in the system Better not gloat when it gets dimm Better get your beretta Cause when it comes to chedda all the wolves will talk about what you aint give them Fools will talk about what you aint give men The blessed will talk about your humanity Vanity Wanna last long if you let your songs reflect the dysfunction of the world that were living in Now you know the hell storm that were swimming in Like katrina Have you seen her Yeah I seen her down the street with the president Telling lies to all of the residents Spreading lies to all of the residents

"Appogiutura"

"Ready Reign, Ready Rain" You Ready for it Gettin Ready for it Get Ready for it Waitin for it Wait for it Dont be late for it for it many died on the rise for the prize when their lives faced hate for it Set a date for it Realize that your eyes are the place Where the vision takes shape for it So Create for it Put your mind to the design And grind til you align wit it Transform to avoid the storms that come along wit it And hold on til you almost get it And perform like a soldier Get Ripped ,Get it on , Get Equipped Cause the Worlds gettin colder No wonder why Marvin Gaye said whats going on People want to live long but they living wrong They All wanna get On but they driven wrong You can hear it Every verse Every song Every curse Getting worse And the thirst for the Destruction Of the One that Came First It feels wrong But have we ever had a true and living Example of what it is To Be Strong In this Land where A man is Hurt When he can find the worth in taking a Stand Many plan for the Race Not Knowing the Pace Slow and Steady across the Sand With The Sun in your face And Lord Showing his Grace Until you arrive at the prescribed place Know its in The Will So you could just vibe and Chill And rejoice knowing you found the Real The Sound Of the Source The Course they cant Steal We Master the Force The Mask is Unveiled Meditate for it because your Attention Is necessary in your attempts at Perfection If that is what you seek ? However the Battle that you may be preparing for could be one where the opponent is actually you So get Clear in your thinking As to not make any wrong decisions

About this very important task

That lies ahead

Get a taste for it By now you already know what you want You can smell it You can feel it Now its time to get a taste for what it will take to endure the journey of course That lies ahead "Delusions of Grandeur" (chorus)

It May Be a Dangerous Game You dont Really, Need All of This Fame It Wont Be the Same, When You Change You Dont Really Want it You Dont Really Need It

Talk to em kid

Play it Safe in Ya Space at a Pace Kid Keep the Base ,Dont Erase what his Grace Did Some say it to ya Face ,others keep it Hid If it Wont leave a Trace Then Replace the Lid You dont Wanna be the Ace in the Hole, in the Case that's Traced Back Right before Ya Fam Slid You dont Wanna lose Ya Soul, or Control Of the Goal ,so you better Roll Quick Before ya Catch a Bid Cause nowadays everything is caught on Vid Cold hard evidence you cant get rid Of Better make sure you give Love A power trip is the most dangerous drug Take a sip ,No Gulps Feel like the Hulk Feel like a million bucks and your gettin bulk But no man plans for downfall though Thats why the story go reap what you sow Forget what ya know Learn everyday Or you may find out Karma Dont Play If it aint The Lords Armor then it wont stay It may Charm ya but Stay Alert Anyway It could disarm ya when you least expect it Inspect it and if you find a sign deceptive The choice yours still Red or Blue pill Ignorance or Bliss The curse of Free Will Maybe thats the jist of why we stay chill and froze and never rose and we aint free still Children of Sun Neo like the one Thinking like it just begun You so dumb Cause we been at War Since before the score was 4 to none So no its Far from done So far from We Shall Overcome We Need to Start to Take the Art And Run

"Lorica" Another Day in metropolis Trying to figure out Just how to exist In this (Narration) I'd rather destroy a system of oppression cant waste my time waring with another man stressin (chorus) Sense of Urgency, The World is in A State of Emergency, This is A Prayer for Protection Oh Yes A Prayer for Perfection Negativy Its Deflecting Lost Souls Are Ressurecting Ahgh ! (LORICAÃ-9) Heres a little story that I would like to tell About the little drummer boy that could do it well Main Acorn Makin nothing outta somethin Youve been Warned So aint no need to Yell (eeze back)(4X) (Go Heaaad Agh ,Go Heaaad Agh !) Yo Ok the Warrior code is sealed with steel, the Beast may Reveal, who he aims to kill Im hip hop til my mic pass, Passin my comp fast, so aint no need to gassed Homie Pump brakes, pump fakes Only work on them chump snakes Bump greats only Thats probably why Im Always Lonely Aint tryin to be around the light dimmers My light shines, their light shimmers Im gettin Hot Simmer ,Simmer Summer, Summer Time Coming Gettin Grimmer Time to switch it up on em change the flavor You aint living right change your neighbor You aint got the light its your behavior I know you want the glow you wanna know How to flow with the universe Spread light spread love and curse the curse Dread rise up above and catch the purse Of the captain Now we stackin Now we rappin Now we trappin Now we got the clientele And doing very well Oh no wont let the head swell The means justify the end we wont sell The soul for control of material Might as well put lead in the cerial You cant destroy the imperial Cause we employ the ethereal Space man with a plan came way before man We stand in alignment waitin for the assignment So now its here Taking it to the crowd Taking it to the ear with no fear

Make sure that its crystal clear Prepare for the end my friend cause its near The scent of the demon sin is in the air The scent of the sage is brave lets say a prayer A prayer for the truth The truth in the booth Yeah and with this truth I declare That no longer will I be captive Will we be captive Rise above Get outta here It was never meant for you to stay Only meant for you to play and find your way Find your wings Fly

"I Cant Get A Break"

(After 80 years man , you would think after all these years of the clown show we'd have much more to show, I mean 80 years ? Seems like we cant get a break , or more so I cant get a Break)

Yeah got me feelin like its nothing there Yeah the picture used to be clear

Nah that cant be the reason though No it was all good a year ago

Oh They say it happened already Damn Why I feelin so petty Man you already know son What It takes one to know one

It was supposed to be Fun Now Im running like a chicken In a rat race At a cats pace Getting chased by the Pigs Yeah Where my dawgs at kid Nah All doin bids No thats not what he did So when we gonna get em out Freedom what im talkin bout Maybe if I scream and shout The president will hear me out

I just cant get a Break

Uh What the Man Want from me? dont he know Im too Im Busy Im tryin to make a plan happen He tryin to kill the flow though Nope you cant have this one Nah you cant have that either Uh unh You a little too eager Fall back before you get some Harsh words, but I Aint Playin And I know you hear what Im sayin Homey Im like the Clown Played by A wayan I been waitin for this Fight before the weigh in Writing every single night til the day when I get brought before the world to receive my pay and Smile on my face everybody hoorayin Open up A Blank check What the heck

I just cant get a Break

Uh now im bout to wild out Aint no more talkin out Said I wanna get free You dont really hear me Oh now you wanna go slow Oh now you didnt even know Oh I think its too late son I think you had enough fun Now you wanna grab a gun Thats your problem in the first place The world is such a big place Why you gotta crowd my space I guess its a sickness And most dont want the cure And most not even sure That they got it

I just cant get a Break

" The First You Ever Heard "

First to Maneuver the game , First to Maneuver the lane , First to Maneuver the name, lettin it Rock Say " it Wont Stop (Hip Hop) ,Say it Wont Stop(Hip Hop) ,Say We Wont Stop "

First to Maneuver the game , First to Maneuver the lane , First to Maneuver the name, Makin it Pop Say " it Wont Stop (Hip Hop) ,Say it Wont Stop(Hip Hop) ,Say We Wont Stop

Class is in Session Get Part in the Blessin Get Art in the lesson Get Heart Session Get the planet Rockin Beat boxin The More Natural, the More The Beat is Knockin This is a gift Life is a gift The Music is Meant to Soothe and uplift The Muse for the Script we choose to trust it So write for the movement Type for the Movement Fight for the Movement This All we Got Fam Unless you wanna Robot for Ya Uncle Sam Some of ya wanna turn Cop take a Humble Stance But the Humble Man is in the Jungle Sometime I like to Understand life from a higher scan Higher goals, Â Higher vision The Lords Mission While the 99 percent sin and repent The one done came and went You get the hint The game never change Only the names So make arrangements If you if want the fame But if you destroy boy Expect the blame Cause Many came with the claim Of the right lane Stained souls Exposed truths Left human remains with no proof Now thats forensics Like Hendrix Hey Joe did you know What I know though If you did you would know its a no ,no To parade in the shade when you got doe Get ya life first know your self worth Cause everymans takes that ride in a Hearse No need defend the statistics This is a plan laid out by the mystics This is a show for the fans of the gifted Ok to rewind if ya missed it No hate Yo Shine ,get Lifted

Get ya Mind Right Shine Bright No matter the Day No matter the Night The right thing will happen With the Right Actions Goals First, Later for Satisfaction Add or Subraction Delay the reaction And It dont to obey your thirst Just dont say you aint heard it here first Then right back to The Movement Improvements and Upgrades No Shade just Trust and Believe The Right choice was made For Us As we navigate the plains of the Serengeti Proceed At Top Speed like Andretti Use the force to avoid the distractions Strategize to avoid counteractions Now that we gaining forward motion and traction Its wise we divide The opposition in fractions Its simple math If you search You could get the path So get to work BeFore you get the wrath " Of Who " The ancestors that came first "Of What" The truth to avoid the curse "When" Many years before men "Why" It only make sense to try "Where" Dont know my man just prepare And I'll see you there

"To Serve"

"I vow" To protect the Family "I shall" Be All I need to Be "I Live" To Respect Divinity " I will " Set the people

(1st Verse) One day imma leave Earth Might not be in a hearse or a full church But it will be in a chill vibe that I can feel After all you wont feel nothing to keep it real

Gods will it aint cold blood from cold steel But bus it stuff happens and you could trust it Especially if a man gives his soul rappin People hate that your awake and wanna start cappin And the hate be so real you wanna go away But when your gone they really wanted you to stay Life is a sandbox Bro and you could play ,but you better get to thinking when you start sinking And you better meditate before you start drinking Goals get outta control then your dead and stinking Get wise open your eyes before you start blinking Worry for your life when you see the Devil Winkin No praise for the wicked man ways You better bow down before GOD before the End of Days Some Snakes Are just waiting around for your Death So they can Hashtag the Name of they song right on ya Chest Yes (2nd Verse) Broadcasting Live from the Birth Place of New York State Its Lord Judah if you didnt know of the Great Stayin ya lane you wanna play with your fateÂ The pride turns beef into steak Dates Float in a Lake Dont need to visualize no more do I? Many mortals try but they cant see I The swords swings another King decapitated A building falls A kingdom is dilapidated All falls back to what was once stated Great is the reward for those who patiently waited A ceremony for the ages Cause they finally made it A history locked in the pages of the Life That was once faded Now clear and concise For All to Marvel At

"Den Of Thieves" This Place is a Mess They Created the Stress Yet We Proceed to Feed Never the Less The Den of Thieves (4 X)

Another Day in The Dance Taken Outta The Trance Though I Aint far from it Still its not The Summit To Some Its A Big Picture Its A Fixture, A Scripture But I just will Learn from it Never Slack I Proceed, Perceive Threats if its ever that I believe they should left if they was Clever Jack Black im here for The Blessing I Need a Stack Matter Fact A Trillion Racks to be Exact I Believe in Being Rich Without the Act I Aint Gotsta be The Mobster Or the Mack, or The Cat that just Yap till he need a Slap Im A Champion Actually A King in Rap And Actually Im stating Factually Its a Nack for me to provide Maps outta The Trap So here Goes a Nugget Hope youll love it "Keep God Ya Main Go To , place none above it" Wisdom ,Strength , Beauty , Love The Truth Never Aquits Fits just Like A Glove

So Be ,Wise ,Strong ,Beautiful , Loved The Truth Never Quits It Fits just Like A Glove

Another Day in the Den Got a list of Friends Most I dont even know Still tagging em though Still braggin Bout last Night ,Still Buggin about the Show The Fast Life Live it up , till you lose ya doe Take it Slow or Not Treat it like(Approach it like) Salat Swallow the Harsh Medicine with a shot of Ciroc Life is not for the Taken, if You Aint Taking the Spot So Float with the Steam, if you da cream of the crop Rise and never stop Till you hit the Top Then pop that lid off And chart another course Ahk Were all creators And our own saviors So, your asking yourself when you ask a favor

But think to yourself before you ask a Hater Do you really think they wanna see you Greater You Already know Bro You Aint Slow So Learn how to flow When its time to go And Master the Show Cause its time to Blow Get the paper on the low Shine and Glow True He(ART) write up

Yes Lord Judah is a rapper, yes Lord Judah is a Producer , yes Lord Judah is amongst a Sea of Hip Hop Artist even within his own community , however there is a Higher Grade Of Intelligence infused into his Music.

Growing up in white plains n.y the home of the very famous galleria mall where yonkers r&b talent mary j blige was discovered , and later working there for 6 years as a security supervisor Lord Judah. Would spend many a Night Studying Record labels such as Bad Boy and Ruff Ryderz, The Label responsible for multi platnum acts such as DMX and Swizz Beats and The Locs.

My Album is the University of Me .My thoughts , ideas , hopes and vision for the Future.

Having Released Two Albums in a Years Time "Accountability and True He(ART" both containing Zero Explicit Lyrics, no refrence to Guns or Disrespect to Women Lord Judah is setting the tone for showing snd proving that Hip Hop csn be used as a tool for positive development of ones self, the community, and the Planet that we All Live on.

Each Song was prepared like it was a designer outfit making the Album an Ensemble for the mind, body and, soul. Although lord judah does not have a particular favorite artist being that he is a dedicated student of music his main influence however is Bob Marley

" The Burden of Greatness " when you owe it to all of your influences and inspirations to provide the same gift and picture to the NEW Audience it is

So to all the agents of change , and toball the agents "Your Minds Will Be Changed"

Hip hop nurtures and encourages the

Disenfranchised as an extension of the American dream through economic freedom and vision individual will be remodeled hip hop is certainly something that I hope will be stressed it is most positively. From an artistic social and economic perspective hip hop is the connective tissue.

Album notes

Fade out Recipe a little earlier.

Fade in den of thieves and make the official song enter on the drop.

Auto tune chorus for first you ever heard and Lorica.make more space between allegory and the interlude before it, and make more space after allegory possible longer fade out. Delusions of Grandeur will have auto tune on chorus. I cant get a Break should have an auto tune on chorus but make it special so that the album is not auto tunes crazy.



1.CONGO SQUARE 2. THE ALLEGORY OF THE (AVE 3.APPOGGIATURA 7. THE FIRST YOU EVER HEARD 8. TO SERVE 9.DEN OF THIEVES

4.DELUSIONS OF GRANDEUR 5.LORICA 6.80 YEARS OF MINSTRUL ARTSW

TRUE HEARD)



ALL SONGS WRITTEN AND PRODUCED BY, LORD JUDAH